



STEPHANIE MCAULIFFE

Stephanie McAuliffe is a fantastic storyteller, who understands how to use her expertise to incite change from the stage. ~ Tricia Brouk, International Award-Winning Director, Author & Producer

SPEAKING TOPICS

How to Use Maslow's Hierarchy to Move Beyond the Limitations of Our Childhood Dreams explores how we can move through trauma and the impact of the outside world into a state of true self-actualization.

The Magic of Letting Go explores remembering who we are underneath the layers of stories we carry, and the power of trust, forgiveness and grace.

The Power of Choice explores our energetic connection with boundaries, the science behind why we get pulled into reaction mode, and how we shift to make choices that fully empower us.



ABOUT STEPHANIE

Stephanie speaks, writes and teaches on the human condition and the impact of our internalized energetic patterns.

She deeply understands the impact of trauma held within the body, and the importance to our vitality to clear and heal it. She's found incredible transformation in her own journey through healing sexual abuse, multi-generational alcoholism and addiction, and more recently, breast cancer.

Author of two international best-selling books: *The Impact of Silence: Self Mastery Practices for Women: Stepping into Your Power and Embodying the Happiness That's Your Birthright*, and *The Message in the Bottle: Finding Hope and Peace Amidst the Chaos of Living with an Alcoholic*.

After a 27-year career on Wall Street, Stephanie is the founder of The Way of the Diamond Warrior. She's an avid cyclist, nature enthusiast, and lover of art and live music.

LET'S CONNECT!

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"There is no story that can't be healed."

